MORE THAN JUST A BED

Relax in comfort with an adjustable base



More than just a bed

Your bedroom can be more than just a place to sleep. It can be a sanctuary, a place to rest and relax.

An A.H. Beard adjustable base allows you to find your ideal position for sleeping or relaxing. Select one of the pre-set positions or adjust the elevation of the head and foot to find a combination that lets you relax in the most comfortable way.



An adjustable base not only makes sleeping and relaxing more comfortable, it can improve your general health and wellbeing. Customising your position can help improve your posture, circulation and digestion, relieve pressure points, ease breathing problems and reduce swelling in your legs.







Relax

Why choose an adjustable base

Take the Pressure Off

When watching TV, reading a book or simply taking time out, raising both your back and legs in the Zero-G position helps to alleviate pressure on your lower back and spine. Just what you need to unwind at the end of a long day.

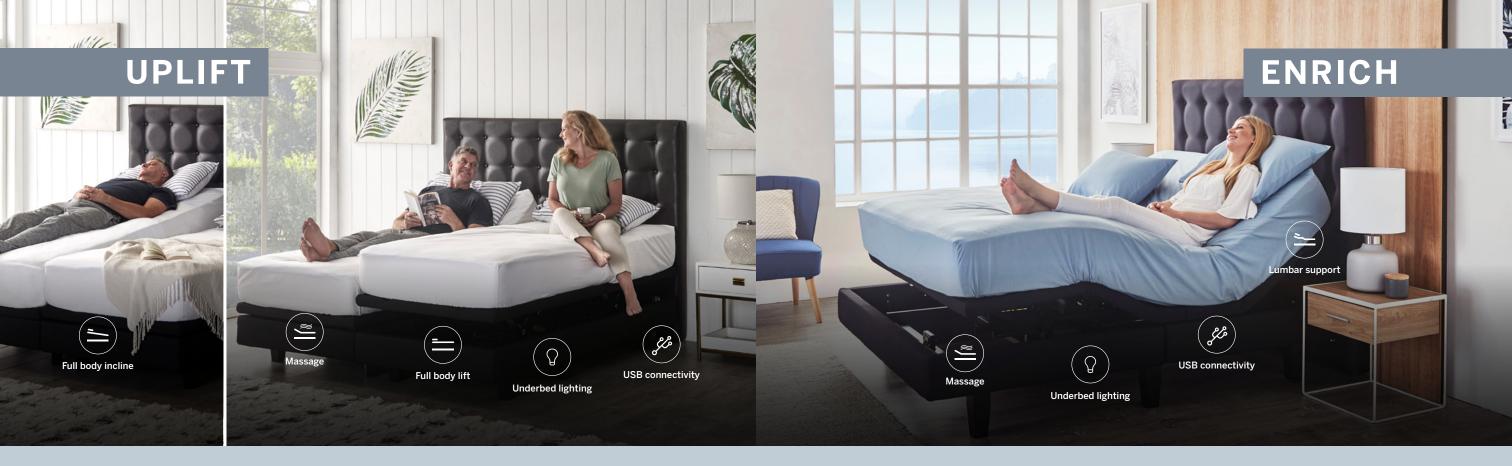
Breathe Easy

Raising your head slightly helps open up the airways, which can reduce snoring and ease symptoms of acid reflux.

Get Comfortable

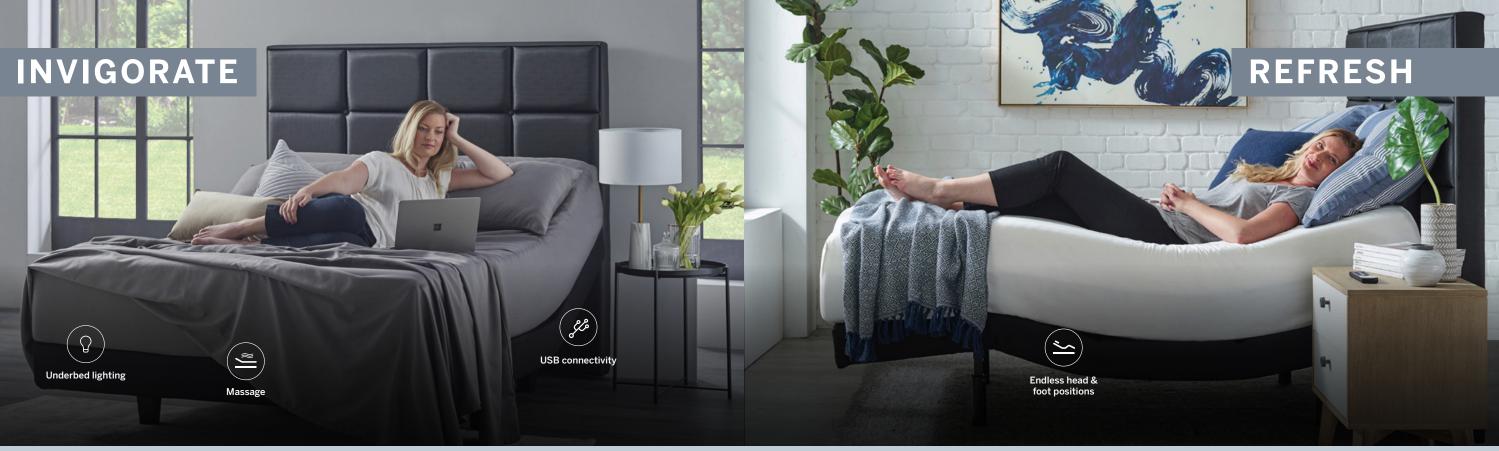
Whether you are working, reading or watching TV in bed, an adjustable base allows you to enjoy your favourite activities in comfort.

Elevating the legs can help to reduce swelling, relieve lower back pain and promote good circulation.



Uplift offers a range of positions plus full body lift and incline. Full body lift raises the entire sleep surface, making it easier to get in and out of bed and change your linen. The full body incline position may ease symptoms of acid reflux, sinus congestion and migraines. Sleeping inclined may also reduce pressure on the eyes, ears and face.

The Enrich base provides a full range of positions and massage, with the added benefit of targeted lumbar support. It allows you to adjust the lumbar region to support the natural curvature of your lower back.



Relax in comfort with a full range of positions, massage and USB connectivity. Underbed lighting helps you find your way at night, while the memory button lets you save your favourite position.

Find your ideal position for sleeping and relaxing, or experience the feeling of weightlessness in the Zero G position.

Features at a glance

Feature	UPLIFT	ENRICH	INVIGORATE	REFRESH
Head and foot articulation	•	•	•	•
Wireless remote with flashlight	•	•	•	•
Pre-set positions	Flat / Zero G / Quiet Sleep	Flat / Zero G / Quiet Sleep	Flat / Zero G / Quiet Sleep	Flat / Zero G
Memory button	•	•	•	
Massage	•	•	•	
Bluetooth connectivity	•	•	•	•
USB Port	•	•	•	
Underbed lighting	Floor strip	Floor strip	Floor strip	
Full bed lift and incline	•			
Lumbar support		•		
Clip locks/Retainer bar	•	•	•	•
Wall saver		•	•	
Headboard compatible	•	•	•	•
Adjustable leg heights	7.5 / 12.5 / 20 cm	7.5 / 12.5 / 20 cm	7.5 / 12.5 / 20 cm	10 / 12.5 / 22.5 cm
10 year guarantee	•	•	•	•



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